

Cecilia Bañales Racine, MSW, LCSW, LICSW, LICSW-C

Alta Vista Therapy, LLC
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EDUCATION

MSW Boston College Graduate School of Social Work (Chestnut Hill, MA) 2000
Master of Social Work, Clinical Concentration

BA Vassar College (Poughkeepsie, NY) 1997
Bachelor of Arts in Sociology and Geography, Cum laude

Additional certificates

University of Maryland Graduate School of Social Work, 2010

Certificate in Adoption Competencies for Mental Health Professionals

Maryland Board of Social Work, 2011

Clinical Social Work Supervisor

Eye Movement Desensitization and Reprocessing International Association (EMDRIA), 2011

EMDR (Eye Movement Desensitization and Reprocessing) Trained Clinician

Montreal Cognitive Assessment, 2020

Certified Administrator of the Montreal Cognitive Assessment (MoCA)

LICENSES AND CERTIFICATIONS

Maryland Board of Social Work Examiners LCSW-C #14607

Virginia Board of Social Work LCSW #0904007068

District of Columbia Board of Social Work LICSW #LC50079749

Florida Department of Health LCSW #TPSW1208 Out-of-state telehealth provider

PROFESSIONAL EXPERIENCE

Immigration Evaluation Institute, LLC (Washington, DC)

- Owner (2018 – present)

Alta Vista Therapy, LLC (Fairfax, VA)

- Psychotherapist & Practice Owner (2016 – present)

Self-employed (Washington, DC Metropolitan area)

- Independent Adoption Social Worker (2014 – 2016)

AbleTo (Maryland, Virginia, and Washington, DC)

- Transition Specialist (2014 – 2016)

Crossroads Family Counseling Center (Fairfax, VA)

Child and Family Psychotherapist (2014)

The Barker Adoption Foundation (Bethesda, MD)

- Director of Domestic Adoption Program (2011 – 2014)

Inova Cares Clinic for Women and Children (Falls Church, VA)

- Social Work Supervisor (2010 – 2011)
- Social Worker (2009 – 2010)

Holy Cross Hospital (Silver Spring, MD)

- OB/Gyn Clinic Social Worker (2003 – 2006)
- Maternal-Child Health Social Worker (2002 – 2003)

Center for Multicultural Human Services (Falls Church, VA)

- Clinical Outreach Social Worker (2001 – 2002)

East Boston Neighborhood Health Center (East Boston, MA)

- Clinical Social Worker (2000 – 2001)

Martha Eliot Community Health Center - Boston, MA

- MSW Intern (1999 – 2000)

SCCAT (School Community Consultation and Treatment Program) (Boston, MA)

- MSW Intern (1998 – 1999)

United Homes for Children (Boston, MA)

- Case Manager (1997 – 1998)

ARCS (AIDS Related Community Services) (Poughkeepsie, NY)

- Outreach and Case Management Intern (1996)

Rural Opportunities (Milton, NY)

- AIDS Educator (1996)

Vassar Brothers Hospital (Poughkeepsie, NY)

- Pre-natal Care Intern (1996)

PRESENTATIONS

The Barker Adoption Foundation Annual Conference (2013)

- Adoption Family Constellations: A New Framework

Children's National Hospital (2013)

- Adoption 101: An Overview of the Domestic Adoption Process

ATTACH (Association for Training on Trauma and Attachment in Children) Annual Conference (2019)

- Using Clinical Skills to Help Immigrant Families Remain Together

Georgetown University Law School (2022)

- Psychological Evaluations for Immigration

WEBINARS AND COURSES

Introduction to Immigration Evaluations - webinar offered monthly 2019-present

Creator of Mastering Hardship Waiver Evaluations

Creator of Mastering Asylum Evaluations

PROFESSIONAL DEVELOPMENT

2022

Montreal Cognitive Assessment Test, Inc.

Preventing dementia: What risk factors should we target and in whom? (1 hour)

National Board of Forensic Evaluators (NBFEE)

Forensic Mental Health Evaluation Certification Training (8 hours)

DSM-5-TR: What Mental Health Professionals Should Know About the New Edition (2 hours)

2021

CEYou

Understanding COVID-19 Vaccine Safety and Protective Efficacy (2 hours)

The Knowledge Center of Chaddock

Clinical Use of the Adult Attachment Interview (4 hours)

PESI, Inc.

Writing Clinical Letters of Referral for Gender Affirming Medical Care (2 hours)

DSM-5 Differential Diagnosis for Clients with Trauma (1 hour)

Quantum Units Education

Increasing the Effectiveness of Suicide Prevention Strategies (1 hour)

R. Cassidy Seminars

T visas: A Legal and Clinical Perspective (2 hours)

Adult Attachment: Trauma-Informed Assessment and Treatment Interventions (4 hours)

Simple Practice

Writing Clinical Letters of Referral for Gender Affirming Medical Care (2 hours)

The Theraplay Institute

Clinic Use of the Adult Attachment Interview Workshop (4 hours)

2020

The Ferentz Institute

The Client-Therapist Relationship in Film: Ethics, Boundaries, Trauma and
Counter-transference (6 hours)

Leading Edge Seminars

Tips, Tricks, and Techniques for Online Therapy with Children (2 hours)

Montreal Cognitive Assessment Test, Inc.

Administration of the Montreal Cognitive Assessment (MoCA)(1 hour)

National Association of Social Workers (NASW) CA Chapter

The Opioid Crisis in the United States (4 hours)

National Board of Forensic Evaluators (NBFEE)

Ethics Update: Ethical Issues in Forensic Mental Health Evaluation (3 hours)

A "Bad" Witness vs. A "Good" Witness: A Judge's Perspective (2 hours)

University of Maryland Graduate School of Social Work

Supervising Motivational Interviewing (MI) Work and Using MI in Supervision (3 hours)

2019

American Psychological Association – Division 56

What Happens When Someone is Deported? (1 hour)

Association for Training on Trauma and Attachment in Children (ATTACH)

Assessing Complex Trauma (3 hours)

41st ATTACH Conference (6 hours)

The Ferentz Institute

Trauma Informed Assessments: Ethical Considerations in Clinical Practice (6 hours)

Greater Washington Society for Social Work

Holistic Health Care for Transgender Clients (3 hours)

Institute for Contemporary Psychotherapy

Traumatic Dislocation among Transgender Immigrants: (1 hour)

Reclamations of Transness (1 hour)

National Association of Social Workers (NASW) Ohio Chapter

Social Work Practice with Interpreters: (1 hour)

National Board of Forensic Evaluators (NBFEE)

How to Write a Successful Clinical or Forensic Report (2 hours)

Wayne State University School of Social Work

Human Trafficking (1 hour)

2018

American Psychological Association – Division 56

Collaborating with Attorneys in Support of Immigrant Clients (1 hour)

Understanding Differences Between Clinical Trauma Evaluations and Asylum Evaluations for Refugee and Immigration (1 hour)

Document & Report Writing Asylum Cases (1 hour)

Free State Social Work, LLC

Immigration and Child Welfare (1 hour)

NASW Code of Ethics (1 hour)

Georgetown University School of Medicine & Physicians for Human Rights

Physician for Human Rights Asylum Program Training (6 hours)

National Association of Social Workers (NASW) California Chapter

Introduction to Gender Identity and the Transgender Community (2 hours)

Pennsylvania State Medical School & Physicians for Human Rights

Physician Training on Asylum Evaluations (5.75 hours)

PESI, Inc.

2 Day Trauma Conference: The Body Keeps the Score, Trauma Healing (12.5 hours)

Shame Shields: The Armor We Use to Protect Ourselves (1 hour)

Mindfulness, Healing, and Transformation (1 hour)

2017

CE 4 Less

Medical Marijuana (3 hours)

Issues in Domestic Violence: The Effects (3 hours)

CEYou!

HIV: A Virus, Syndrome, and Ethical question (3 hours)

The Penn State Factor (3 hours)

Greater Washington Society for Social Work

Mother-Son Incest: The Unthinkable Broken Taboo (2 hours)

2016

Barker Adoption Foundation

Connected Lives: A Complex Privilege for the Family of Adoption (6 hours)

Adoption: Insights from an Obstetrician (2 hours)

From Fertility Treatment to Adoption: A Collaborative Training (6 hours)

CE 4 Less

Preventing Medical Errors (3 hours)

PESI, Inc

LGBTQ Clients: Clinical Issues and Treatment Strategies (6 hours)

2015

AbleTo

Privacy & Security Training (1 hour)

Adoption Learning Partners

Maintaining Connections (2 hours)

Barker Adoption Foundation

Assessing Families for Older Child Placement (3 hours)

HIV: Understanding the Facts, Trends & Treatment (3 hours)

Catholic University School of Social Service

Emotional Healing, Meditation, and Spiritual Awakening (6 hours)

CE You!

Workplace Ethics (3 hours)

2014

AbleTo

Assessment

Privacy and Security Training

AbleTo Emergency Procedures

CE You!

To Disclose or Not Disclose, That is the Ethical Question (3 hours)

The Barker Adoption Foundation

Domestic Adoption 101 (1 hour)

In Our Own Voices: Adoptees and Foster Youth Speak Out (6 hours)

DSM 5 - What Clinicians Need to Know (4 hours)

Updates in Domestic Infant Adoption (3 hours)

2013

The Barker Adoption Foundation

The Impact of the Internet on Adoption Practice (3 hours)

Post-Adoption Depression: An Emerging Concept (3 hours)

The Modern Family of Adoption (6 hours)

HIV: Understanding the Facts, Trends & Treatment (3 hours)

Barker Foundation Adoptions: An Overview of Program Guidelines (3 hours)

Institute for Natural Resources

Better Sleep, Better Memory (6 hours)

Humor & Healing (3 hours)

Living to be 100 (4 hours)

2012

The Barker Adoption Foundation

Ethics Training (3 hours)

The Ordinary, Extraordinary Experience of Adoptive Parenting (6 hours)

2011

The Barker Adoption Foundation

Adoption Contractor Training (3.5 hours)

Turning Points: Transitions in the Life of Adoption (6 hours)

EMDR of Greater Washington

Intensive EMDR Basic Training Course (51 hours)

2010

National Association of Social Workers (NASW) Virginia Chapter

Clinical Supervision Certification Program (14 hours)

University Of Maryland School of Social Work

Clinical Issues in Providing Therapeutic Services – Part 2 (5 hours)

Race and Ethnicity (5 hours)

Adoptive Parenting: Managing Children's Behaviors (5 hours)

Trauma and Brain Neurobiology (5 hours)

Clinical Issues: Attachment (5 hours)

Adoptive and Birth Families (5 hours)

Adoptive Family Formation, Integration, and Developmental Stages (5 hours)

Openness in Adoption and Birth Family Culture (5 hours)

Assessment, Adjunct Therapies, and Cross Systems in Community Practice (5 hours)

Integrating Knowledge, Values, and Skills (5 hours)

2009

University Of Maryland School of Social Work

Introduction to Adoption Competent Mental Health Practice (5 hours)

Adoption History, Law and Process (5 hours)

Clinical and Ethical Issues in Planning, Preparing for and Supporting Adoption (5 hours)

Clinical Issues in Providing Therapeutic Services – Part 1 (5 hours)

2007

The Center for Ethical Practice, Inc.

Deliberate Dual Relationships (3 hours)

Georgetown University Hospital

Stress, Trauma, and Health (3 hours)

Homestead Schools, Inc.

Women's Health (12 hours)

Inova Learning Network of Inova Health System

Ethical & Psychosocial Management of the Patient & Family Identified as Difficult (6.5 hours)

Current Controversies in Healthcare Ethics (6.5 hours)

National Association of Social Workers (NASW) Virginia Chapter

Ethics and Boundaries in Non-Traditional Settings (2 hours)

Social Workers Supporting the Role of Caring for the Caregiver (3 hours)

University Of Maryland School of Social Work

Frontiers of Trauma Treatment (6 hours)

2006

Holy Cross Hospital

Death, Dying, and Grief: Living with End of Life (1.5 hours)

2004

Holy Cross Hospital

Professional Ethics for Case Management Social Workers & Nurses (3 hours)

2002

Holy Cross Hospital

Abuse: Sexual Assault (1 hour)

Medicare Benefits (1 hour)

Infants at Risk (1 hour)

Catholic Charities Pregnancy Programs (1 hour)

Abuse: Child Abuse (1 hour)

Palliative Care (1 hour)

Guardianships (1 hour)

Healthcare and Cultural Diversity (3 hours)

End of life and Palliative Care (1 hour)

Long Term Care Insurance (1 hour)

Medicaid Programs (1 hour)

Adult Day Center and Caregiver Support (1 hour)

Domestic Violence (1 hour)

Hospice Care (1 hour)

Mental Health Association of Montgomery County

Postpartum Mood Disorders (3 hours)

2001

Boston University School of Social Work

Striking the Right Balance (6 hours)

Resolving Argument and Conflict with One Party (6 hours)

Working with Males: Gender Specific Issues (6 hours)

National Association of Social Workers (NASW) Massachusetts Chapter

Understanding and Treating Women's Sexual Concerns (3 hours)

SERVICE TO THE COMMUNITY

Physicians for Human Rights at Georgetown University 2019 - present